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902.HEALTH SERVICES AND QUALITY IMPROVEMENT - LYMPHOID MALIGNANCIES

Outcomes of Lymphoma and Multiple Myeloma Patients Following Inpatient Antineoplastic Treatment

Mikhaila Rice, PharmD¹, Joslyn Rudoni, PharmD¹, Marissa Duco, PharmD², Sharon Zhong, PharmD¹, Lauren Burton, PharmD¹, Sarah Crisp, PharmD¹, Jason Valent, MD², Christy J. Samaras, DO², Louis S. Williams, MD², Jack Khouri, MD², Shahzad Raza, MD², Brian T. Hill, MD PhD², Allison Winter, MD², Robert M. Dean, MD², Paolo F. Caimi, MD², Brad Pohlman, MD², Alexander Heinly, CNP², Samantha Kroger, CNP², Elizabeth Rosic, CNP², Katie Donnelly, CNP², Tiffany Carr, CNP², Mallory Harder, CNP², Faiz Anwer, MD³, Deepa Jagadeesh, MD²

¹ Department of Pharmacy, Cleveland Clinic, Cleveland, OH

² Department of Hematology and Medical Oncology, Taussig Cancer Institute, Cleveland Clinic, Cleveland, OH

³ Department of Hematology and Medical Oncology, Taussig Cancer Institute, Cleveland Clinic, Moreland Hills, OH

Introduction:

Patients (pts) with hematologic malignancies receive more aggressive end-of-life care, including hospitalizations and anti-neoplastic therapy, compared to solid tumor.¹ In the modern era, treatment for lymphoma and multiple myeloma is mostly administered in the outpatient setting. Pts requiring inpatient treatment may have an aggressive disease course, decreased performance status, and comorbidities that impact clinical outcomes. Treatment decisions in the acute care setting are challenging due to the need to balance efficacy, toxicity, and cost. Given the paucity of data available to help guide decision-making, we sought to investigate the outcomes of inpatient administration of unplanned antineoplastic therapy.

Methods:

This retrospective cohort study included adults (≥ 18 years) with lymphoma and multiple myeloma who received unplanned inpatient antineoplastic therapy between June and October 2022. Pts who received planned chemotherapy or first cycle of treatment for newly diagnosed disease were excluded. Pts undergoing outpatient induction or salvage therapy admitted for complications who subsequently received their next cycle while admitted were included. Baseline characteristics, diagnosis, treatment, and clinical outcomes were abstracted from the electronic medical record. The primary endpoint was rate of treatment continuation or completion 60 days after first administration of inpatient therapy. Secondary endpoints included overall survival (OS); length of stay (LOS) following treatment; transfer to intensive care unit (ICU), emergency department (ED) visits, and readmissions within 30 days; and death within 30 and 60 days of inpatient treatment.

Results:

Of the 172 pts screened, 49 pts were included after excluding 122 pts (76 had planned chemo and 46 had newly diagnosed disease). Median age was 63 years (range, 34–88). Treatment was for a variety of diagnoses, including plasma cell neoplasm (53%), diffuse large B-cell lymphoma (18%), central nervous system lymphoma (14%), chronic lymphocytic leukemia (4%), as well as 1 pt each with T-cell prolymphocytic leukemia, follicular lymphoma, mantle cell lymphoma, NK/T-cell lymphoma, and T-cell lymphoma. Most had relapsed/refractory disease (90%). Thirteen (26%) pts received inpatient only regimens; however, these were not planned admissions. Fifteen (31%) pts received drugs traditionally restricted to outpatient use only (daratumumab (10), carfilzomib (3), obinutuzumab (1), loncastuximab tesirine (1), polatuzumab vedotin (1)). At 60 days after first inpatient treatment, 15 (31%) pts continued or completed treatment, while treatment was discontinued in 34 (69%) pts. Of the 15 pts who continued treatment, 53% (8/15) received ≤ 3 additional cycles after discharge. Median time to discharge following inpatient treatment initiation was 5 days (range, 0–38). Fourteen (29%) pts were transferred to the ICU, 16 (33%) pts presented to the ED after discharge, and 14 (29%) were readmitted within 30 days of inpatient treatment. Overall survival was 26.5% at a median follow up of 157 days. The 30- and 60-day mortality rates were 18% and 31% respectively. Univariate and multivariate analysis to identify prognostic factors for survival will be conducted.

Conclusions:

In this retrospective analysis, about a quarter of pts with lymphoid and plasma cell malignancies were alive at 5 months after receiving unplanned inpatient antineoplastic therapy. Better tools are needed to select pts who may benefit from urgent inpatient treatment, as a small subset of our cohort experienced continued clinical benefit. Combining such tools with multidisciplinary discussions may help to maximize favorable outcomes while minimizing use of aggressive end-of-life anti-

neoplastic treatment. Ongoing analysis in our population will aim to identify patient-specific factors associated with positive outcomes.

References:

1. Hui D, Didwaiya N, Vidal M, et al. Quality of End-of-Life Care in Patients with Hematologic Malignancies. *Cancer*. 2014;120:1572-8.

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Table 1. Baseline characteristics and clinical outcomes (N=49)

Baseline characteristics	
Age, median years (range)	63 (34-88)
Gender, n (%)	
Male	28 (57.1)
Female	21 (42.9)
Race, n (%)	
Caucasian	41 (83.7)
African American	3 (6.1)
Asian	3 (6.1)
Other	2 (4.1)
Cancer diagnosis, n (%)	
Plasma cell disorder	26 (53.1)
Diffuse large B-cell lymphoma	9 (18.4)
Central nervous system lymphoma	7 (14.3)
Chronic lymphocytic leukemia	2 (4.1)
Other	5 (10.2)
Relapsed/refractory disease, n (%)	44 (89.8)
Inpatient only regimen, n (%)	13 (26.5)
Location of treatment, n (%)	
Routine nursing floor	42 (85.7)
Intensive care unit	5 (10.2)
Routine nursing floor and intensive care unit	2 (4.1)
Treatment received, n (%)	
Combination therapy for plasma cell disorder	18 (36.7)
CNS-directed lymphoma therapy	7 (14.3)
Lymphodepletion (pre-CAR T)	7 (14.3)
Chemotherapy-based salvage therapy for lymphoma	5 (10.2)
Subsequent cycles of induction therapy for lymphoma	5 (10.2)
VTD-PACE	4 (8.2)
Targeted salvage therapy for lymphoma	3 (6.1)
Reduced treatment doses used, n (%)	11 (22.4)
Granulocyte colony-stimulating factor used, n (%)	19 (38.8)
Clinical outcomes	
Status of treatment at 60 days after inpatient treatment, n (%)	
Treatment completed or continued	15 (30.6)
Treatment discontinued	34 (69.4)
Reason for discontinuation at 60 days after inpatient treatment, n (%)	
Progression	17 (50.0)
Death or transition to hospice	16 (47.1)
Tolerability	1 (2.9)
Median time to death after initiation of treatment, days (range)	93 (2-345)
Death within 30 days of initiation of treatment, n (%)	9 (18.4)
Length of stay, median days (range)	
Total	12 (1-48)
After initiation of inpatient treatment	5 (0-38)
Transfer to ICU within 30 days of treatment initiation, n (%)	14 (28.6)
ED visit within 30 days of treatment initiation, n (%)	16 (32.7)
Time to first ED visit, median days (range)	11.5 (3-27)
Unplanned readmission within 30 days of treatment initiation, n (%)	14 (28.6)
Time to first readmission, median days (range)	12 (8-27)
Treatment continued after hospital discharge, n (%)	15 (30.6)
Number of cycles received by patients continuing treatment after hospital discharge, median cycles (range)	3 (1-10)

Abbreviations: CAR T, chimeric antigen receptor T-cell therapy; VTD-PACE, combination chemotherapy regimen including bortezomib, thalidomide, dexamethasone, cisplatin, doxorubicin, cyclophosphamide, etoposide; ICU, intensive care unit; ED, emergency department

Figure 1. Kaplan-Meier for Overall Survival (N=49)

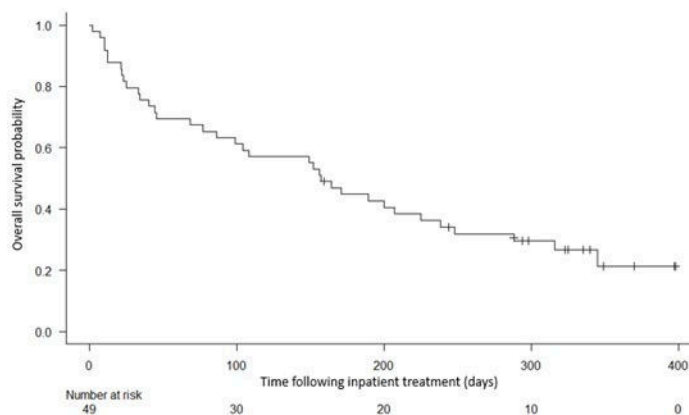


Figure 1

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